

## **TACIDD Meeting Notes June 21, 2013**

### **Announcements**

- The Arc of Virginia's annual Convention will be August 8 – 10 in Short Pump. Jamie Liban distributed conference brochures.
- VNPP's annual conference will be held September 19 – 20 at the Koger Center on the Southside.
- VaAccses' conference will be September 29 – October 2 at the Wyndham in Virginia Beach
- The Fredericksburg CIL will be holding an open house September 10 and a gala September 14. They have a scuba diving contact to conduct "exploratory" diving for people with developmental disabilities. Call Kim Lett for more information.
- The Arc of Greater Prince William recently completed a health and wellness grant in which staff and individuals they support work to achieve wellness goals together. The curriculum is repeatable and they have bound versions of it available for free. Electronic versions are also available. It involves a 12 week course that includes nutrition and exercise, making good choices. The average weight loss was 12 – 15 lbs. Two individuals with disabilities returned to work as a result of experiencing increases in stamina! Contact Susan Rudolph for more info: [srudolph@arcpw.org](mailto:srudolph@arcpw.org).

### **ODS Updates**

Heidi Dix, in her new position of Settlement Agreement Executive Advisor, will give the latest update regarding the report of the Independent Reviewer at the next DOJ Settlement Agreement Stakeholder Meeting: 7/10 from 1:00 – 4:00 in Capitol Building Room #3.

Deb Smith gave the update on facility discharges.

- The census of the training centers at this point is 805.
- There have been 141 moves thus far this fiscal year.
- 339 families have agreed to move their loved ones this year.
- There was a request from Karen Tefelski for data on the services used other than residential (i.e., day services, Environmental Modifications, Assistive Technology. Regarding these two last, a question arose as to how to capture "when" they done/delivered and how many Environmental Modifications are completed without Medicaid payment.

### **Individual and Family Support Program (IFSP)**

- The average funding amount is \$2200/individual.
- There have been about 1100 requests.
- The nature of the requests has been in line with expectations: summer camps, respite, specialized services, and environmental modifications.
- The next funding cycle will begin September 3<sup>rd</sup> to allow for the completion of an Information Technology system and implementation of a debit card system for making the funding available. Requests will be accepted on-line and via postal mail only. No faxes.
- The debit cards will have no charges unless lost or unused within six months. They will be able to be reloaded (e.g., to be used for monthly respite) and there will be unlimited ATM visits.

- Those from the present funding cycle who were denied due to all funding expended have been notified.
- Individuals must re-apply annually. Unfunded requests from this funding cycle will not carry over to the next one.
- In order to ensure that individuals who prefer to mail the application vs. submit on-line have equal access in the “first come – first served” process, the application for September will be available prior to September 3<sup>rd</sup>, but will not be accepted prior to that date.
- A data base is in the process of being developed. Once implemented, more specific numbers/information will be available.

#### Peer Mentoring Grant

- Slightly over \$52,000 was approved by the Virginia Board for People with Disabilities for this DBHDS sponsored project that includes The Arc of Virginia and Hope House Foundation as partners.
- The grant runs over an 18 month period beginning July 1<sup>st</sup> with the goal being the training of 15 individuals with ID/DD from all over the state to be mentors for individuals in Training Centers or nursing facilities or recently moved from one of those settings to enable them to learn about and access needed supports in their communities.

#### START

- The first annual conference was held June 20<sup>th</sup> in Charlottesville.
- It appears that by year’s end, all elements will be in place. Temporary Therapeutic Respite homes will be established at St. Joseph’s Villa in September (for Health Planning Region IV) and at SEVTC this summer (for Health Planning Region V).
- There was a comment that not all DD community members were aware of the conference. A greater effort will be made to reach out to them for next year’s event (already scheduled for June 19<sup>th</sup>).
- Another comment was regarding the importance of ensuring that local/regional law enforcement Crisis Intervention Teams (CITs) are aware of START. Efforts are underway.
- Regarding the development of Children’s Crisis Services, the hope is to partner with the DBHDS Office of Child & Family Services in order to pilot a program in one region of the state for future replication. All START Coordinators will be trained in working with children.

#### Eric Lebough gave an update on housing.

- An inter-agency committee and stakeholder groups have been meeting.
- The Housing Plan was submitted to the Independent Reviewer on March 6<sup>th</sup> and is currently posted on the DBHDS website.
- The Department is currently awaiting approval from the Secretary of Health and Human Resources to implement a rental assistance demonstration project utilizing the \$800,000 one-time housing fund money that was part of the Settlement Agreement to support independent housing for 16 – 18 individuals in two high cost areas of the state (Northern Virginia and Virginia Beach) for three years. By showing that this works, the hope is to replicate it across the state, depending on the effects of sequestration.

#### Waiver Renewal

- There is currently pending a contract for a full Waiver study to occur in two phases over the next 18 months.

- The first phase is to develop recommendations for the waiver renewal package. This will include stakeholder involvement.
- The second phase is an analysis of Waiver reimbursement rates.

#### Exceptional Rates

- This is a 25% higher rate for ID Waiver Congregate Residential Support services for individuals with exceptional medical or behavioral needs. Considered to be a stopgap measure prior to Waiver renewal changes.
- DBHDS and DMAS are currently working with the Centers for Medicare and Medicaid Services to obtain approval.
- Hoping for implementation by January 2014.

Lee Price informed everyone that a memo had been released earlier in the day rescinding the requirement that those living in ALFs and receiving ID Waiver or DS Waiver services must choose between ALF services and Waiver services.

Keven Schock, Associate Director of the DBHDS Office of Licensing, discussed OL site visits, both “base level” and “enhanced level.” See Power Point presentation.

Barry Seaver and Jennifer Kurtz presented a “Person Centered Moment” – a one-half hour interactive exercise in person-centered practices.

Dee Keenan, DBHDS’s Case Management Manager, discussed case management as part of the Settlement Agreement.

- Recommendations have been made to DOJ regarding an easing of some of the case management related requirements, such as the 5 day grace period (changing it to 10 to match Medicaid State Plan Option Targeted Case Management requirements), removing those who are stable in 5-bed group homes, those residing in family homes who are stable, and 0 – 3 year olds receiving Early Intervention from the list of those who require enhanced case management. These changes have not been approved yet.
- In March DBHDS began collecting data on the type frequency and duration of Enhanced Case Management activities. 71% of Support Coordinators met the target.
- In March of 2014, additional measures must be collected regarding health and safety, community inclusion and choice. It is hoped that these will be determined by fall so that CSBs have time to adjust their Electronic Health Record systems.

#### Regional Quality Councils

DBHDS is still trying to hire staff to enable there to be one for each of the five regions.

Charline Davidson, DBHDS Director of Planning and Development, spoke about Quality Service Reviews

- The National Core Indicators (NCI) surveys are being used as a basis.
- The sample size for FY 2014 is 800 individuals, which will include all those discharged from the Training Centers, individuals on the ID and DD Waivers and some Training Center and nursing home residents.
- Pre-service information will still need to be compiled by Support Coordinators for individual surveys. It is estimated that this will take 20 minutes to complete if the SC knows the person. There have been discussions about ways to minimize the impact of this work.

The next TACIDD meeting is scheduled for **September 20, 2013**, 10 AM – 2PM, at the Henrico Area Mental Health and Developmental Services on Woodman Road, Glen Allen.